2 Corinthians 4:16–18
16 So we do not lose heart. Though our outer self is wasting
away, our inner self is being renewed day by day. 17 For this light
momentary affliction is preparing for us an eternal weight of glory
beyond all comparison, 18 as we look not to the things that are seen
but to the things that are unseen. For the things that are seen are
transient, but the things that are unseen are eternal. {ESV}

Ephesians 3:20–21
20 Now to him who is able to do far more abundantly than all that
we ask or think, according to the power at work within us, 21 to him
be glory in the church and in Christ Jesus throughout all
generations, forever and ever. Amen. {ESV}

✝ **Prayer:** Lord Jesus, thank You that where I am today does not determine everything You can still do in my life. Set me free from comparison, regret, and limiting expectations. Help me release what is behind me, recognize what You have given me today, and reach with faith toward what is ahead of me. Give me courage for the next step, strength for the journey, and confidence that You are still working in me, and for me. Keep me growing, believing, and moving forward with You. In the name of the Father, Son, and Holy Spirit, Amen.

Message Notes:
You Have More in You Than You Think
Series: Keep Moving
Kingswood Church, Rural Hall, NC
Dr. John Frank Howard, Interim Pastor

✝ **Philippians 3:4b–14**
4 …If anyone else thinks he has reason for confidence in the flesh, I have more: 5 circumcised on the eighth day, of the people of Israel, of the tribe of Benjamin, a Hebrew of Hebrews; as to the law, a Pharisee; 6 as to zeal, a persecutor of the church; as to righteousness under the law, blameless. 7 But whatever gain I had, I counted as loss for the sake of Christ. 8 Indeed, I count everything as loss because of the surpassing worth of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things and count them as rubbish, in order that I may gain Christ 9 and be found in him, not having a righteousness of my own that comes from the law, but that which comes through faith in Christ, the righteousness from God that depends on faith — 10 that I may know him and the power of his resurrection, and may share his sufferings, becoming like him in his death, 11 that by any means possible I may attain the resurrection from the dead.
12 Not that I have already obtained this or am already perfect, but I press on to make it my own, because Christ Jesus has made me his own. 13 Brothers, I do not consider that I have made it my own. But one thing I do: forgetting what lies behind and straining forward to what lies ahead, 14 I press on toward the goal for the prize of the upward call of God in Christ Jesus.
{ESV}

✝ **Mainline: Your _____ _____ does not determine your _____ _____.**

✝ The Word…on the Word:

It is easy to look at our age, resources, disappointments, mistakes, or present abilities and decide how much is still possible. Paul refused to live that way. He discovered that knowing Christ gave him a new way to measure his life and a new reason to keep moving forward. Philippians 3 reminds us that we are still growing, still learning, and still being led by God. We don't have to have everything figured out to take another step. God can work with where you are, develop what He has placed within you, and lead you into possibilities you don't yet see.

✝ Questions for Further Reflection:

(1) What are you using to measure your worth?

4 …If anyone else thinks he has reason for confidence in the flesh, I have more: 5 circumcised on the eighth day, of the people of Israel, of the tribe of Benjamin, a Hebrew of Hebrews; as to the law, a Pharisee; 6 as to zeal, a persecutor of the church; as to righteousness under the law, blameless. 7 But whatever gain I had, I counted as loss for the sake of Christ. {Philippians 3:4b–7}

(2) Have you become so focused on what you can no longer do that you are overlooking what God can still do through you?

8 Indeed, I count everything as loss because of the surpassing worth of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things and count them as rubbish, in order that I may gain Christ 9 and be found in him, not having a righteousness of my own that comes from the law, but that which comes through faith in Christ, the righteousness from God that depends on faith. {Philippians 3:8–9}

(3) Where have you mistaken "not there yet" for "never going to get there"?

10 That I may know him and the power of his resurrection, and may share his sufferings, becoming like him in his death, 11 that by any means possible I may attain the resurrection from the dead. 12 Not that I have already obtained this or am already perfect, but I press on to make it my own, because Christ Jesus has made me his own. {Philippians 3:10–12}

(4) What from your past is still consuming energy you need for your future?

13 Brothers, I do not consider that I have made it my own. But one thing I do: forgetting what lies behind and straining forward to what lies ahead. {Philippians 3:13}

(5) What is one thing worth reaching toward in this chapter of your life?

13 …I do not consider that I have made it my own. But one thing I do: forgetting what lies behind and straining forward to what lies ahead, 14 I press on toward the goal for the prize of the upward call of God in Christ Jesus.
{Philippians 3:13–14}

✝ Bible Passages for Further Study:

Isaiah 43:18–19

18 "Remember not the former things, nor consider the things of old.
19 Behold, I am doing a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert." {ESV}

Psalm 92:12–15

12 The righteous flourish like the palm tree and grow like a cedar in Lebanon. **13** They are planted in the house of the Lord; they flourish in the courts of our God. **14** They still bear fruit in old age; they are ever full of sap and green, **15** to declare that the Lord is upright; he is my rock, and there is no unrighteousness in him. {ESV}

Isaiah 40:28–31

28 Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. **29** He gives power to the faint, and to him who has no might he increases

strength. [30] Even youths shall faint and be weary, and young men
shall fall exhausted; [31] but they who wait for the Lord shall renew
their strength; they shall mount up with wings like eagles; they shall
run and not be weary; they shall walk and not faint. {ESV}