GHOST STORY

Ten Days of Discovering the Holy Spirit in the Questions, Problems, and Struggles of Everyday Life

NOVEMBER 5: How Can I Know What Is True?



A SCRIPTURE FOR TODAY:

John 14:25–27

25 "I am telling you these things now while I am still with you.
26 But when the Father sends the Advocate as my representative—
that is, the Holy Spirit—he will teach you everything and will
remind you of everything I have told you.
27 "I am leaving you with a gift—peace of mind and heart. And
the peace I give is a gift the world cannot give. So don't be
troubled or afraid."

{NLT}

When You're Not Sure Which Voice to Trust

Have you ever received so much advice that you ended up more confused than when you started? One friend says, "Go for it." Another says, "Wait." Your feelings tell you one thing today and something different tomorrow. Add social media, news, podcasts, experts, and everyone else's opinions, and a simple question can become exhausting: "How do I know what's actually true?"

Jesus knew His followers would face uncertainty after He was gone. Instead of telling them to trust every feeling they had, or try to figure everything out themselves, He promised them the Holy Spirit. Jesus said the Holy Spirit would "teach you" and "remind you of everything I have told you."

That gives us a practical way to understand the Holy Spirit's guidance. The Spirit doesn't lead us by making every thought in our heads a message from God. He keeps directing us back to Jesus and what Jesus taught. As we read the Bible, pray, seek wise counsel, and learn more about the character of Jesus, the Holy Spirit helps us recognize what's true and how that truth should shape our decisions.

Then Jesus connects truth with something most of us desperately need: peace of mind and heart (John 14:27).

When you're uncertain, your mind can race ahead. What if I make the wrong decision? What if this doesn't work? What if I regret it after I do it? Fear wants an answer to every question before you take another step. Jesus offers something better than knowing every twist and turn in the road ahead. He gives us the Holy Spirit to lead us into truth and the peace of Christ to steady us as we take the next step.

You don't need every answer today. You need enough guidance and truth to take the next right step.

Start with Jesus. Ask what He teaches about the situation you're facing. Does your choice move you toward truthfulness, love, forgiveness, wisdom, and faithfulness? Or is fear, anger, pressure, or impulse making the decision for you?

The Holy Spirit's guidance probably won't remove every unanswered question, but He can help you navigate your way through uncertainty without letting uncertainty control you.

SOMETHING TO THINK ABOUT:

When you're unsure what to do, which voice usually gets the final word: fear, feelings, other people, or the truth Jesus teaches?

TRY THIS TODAY:

Write down one decision or question that's been occupying your mind. Read John 14:25–27 again, then ask: "What has Jesus already taught that can guide me here?" Write down one truth from the Bible and one practical step you can take today. If the answer still isn't clear, give yourself permission to wait rather than forcing a decision out of fear.

PRAYER:

God, when I'm confused by competing voices, help me recognize what's true. Holy Spirit, keep directing me toward Jesus and give me wisdom for the decisions I face. Quiet the fear that makes me rush, steady my heart with the peace Jesus gives, and help me take the next right step. Praying this in Jesus' name, Amen.

TODAY'S MAIN IDEA:

When the whole way forward isn't clear, the Holy Spirit gives you enough truth for the next step.

